



A personal health care plan
that's centered on **you**.

One plan that brings together
the resources of Medicare and
Medicaid.

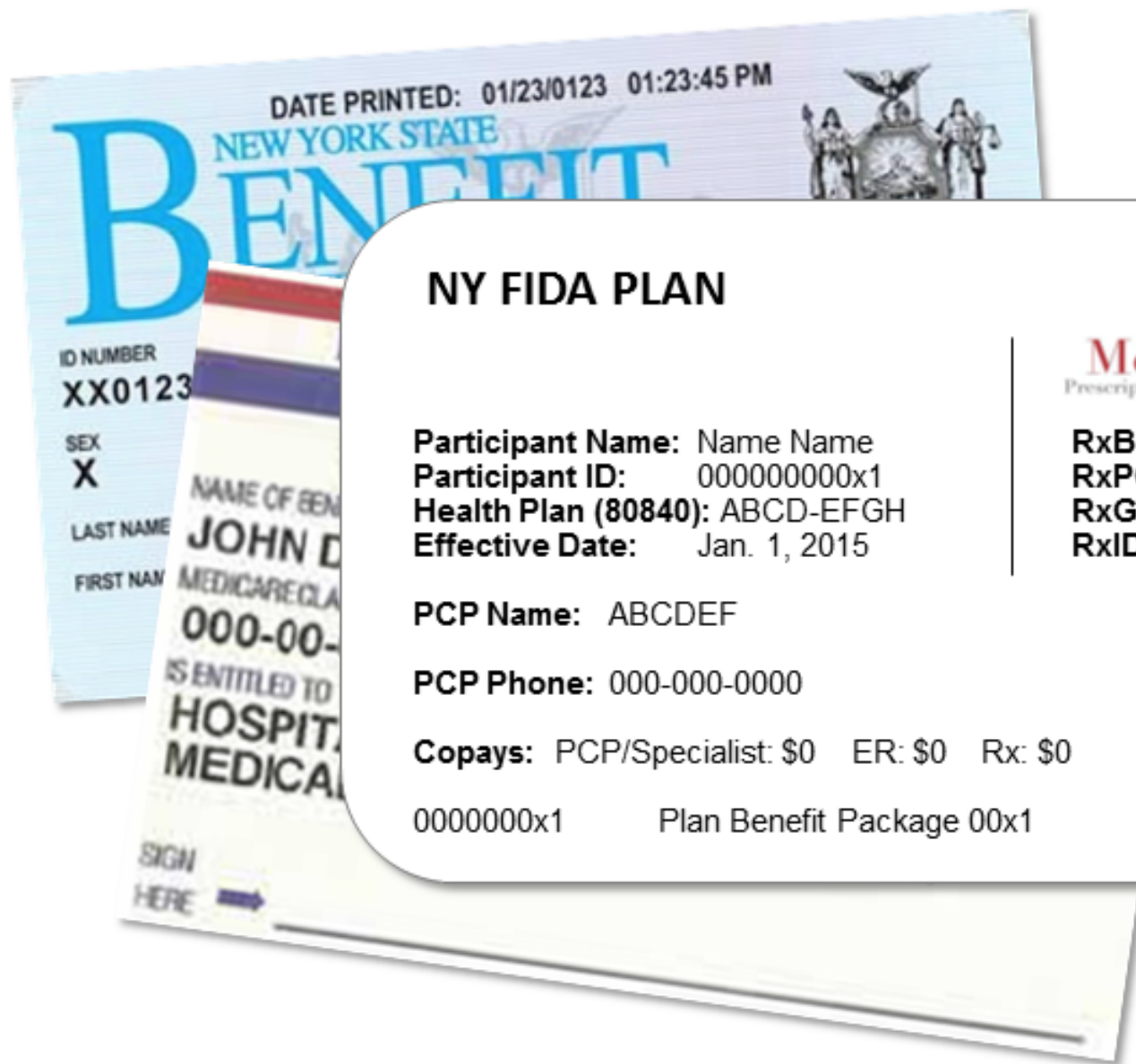
A plan that gives you all the
care you need, in one place.

**Introducing ...
New York State's
FIDA
program.**



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NY FIDA PLAN

Participant Name: Name Name
Participant ID: 000000000x1
Health Plan (80840): ABCD-EFGH
Effective Date: Jan. 1, 2015

MedicareRx
Prescription Drug Coverage

RxBin: 0000x1
RxPCN: 0000x2
RxGRP: 0000x3
RxID: 0000x4

PCP Name: ABCDEF

PCP Phone: 000-000-0000

Copays: PCP/Specialist: \$0 ER: \$0 Rx: \$0

0000000x1 Plan Benefit Package 00x1

How is FIDA different?

FIDA is short for "Fully Integrated Duals Advantage."

It's a managed care plan specifically for people who receive services through both Medicare and Medicaid.

FIDA puts you at the center of all important care decisions.



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Take control of your health care with a FIDA plan

In the FIDA program, your health and well-being are central to the care-planning process.

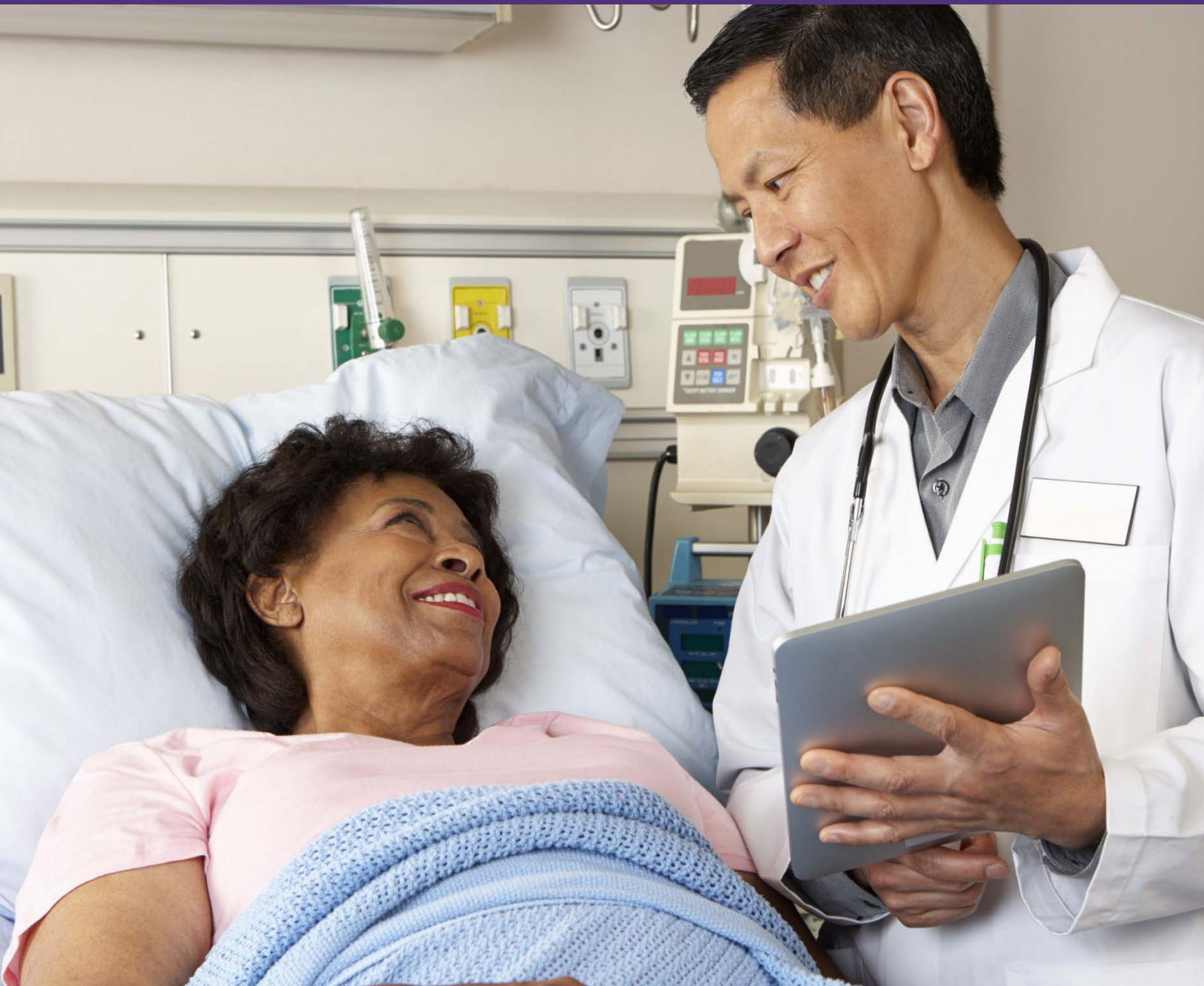
You will be a part of your Interdisciplinary Team (IDT), which is essentially your care team.

Your team will also include your care manager, doctors, and other people that you trust. You will all work together to make decisions about your plan of care.



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What can your FIDA care team do for you?

Making decisions about long-term care can be confusing and frustrating.

If you join a FIDA plan, your care team will work with you to make sure you know which Medicare and Medicaid services you can get.

Your team will connect you to a network of health care and supportive services that can offer you a variety of options and additional services.

They will help you get your services and get you to your appointments.



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Which services can you get with a FIDA plan?

The FIDA benefit package includes more services than any other managed care plan in New York.

It includes all Medicaid and Medicare services, as well as other services that you may one day need - such as behavioral health, substance abuse, and other services.



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Abdominal Aortic Aneurism Screening	HIV Screening	Outpatient Substance Abuse
Adult Day Health Care	Home Delivery and Congregate Meals	Outpatient Surgery
AIDS Adult Day Health Care	Home Health	Palliative Care
Ambulance	Home Infusion Bundled Services	Pap Smear and Pelvic Exams
Ambulatory Surgical Centers	Home Infusion Supplies and Administration and Medicare Part D	Partial Hospitalization (Medicaid)
Assertive Community Treatment	Home Infusion Drugs	Partial Hospitalization (Medicare)
Assisted Living Program	Home Maintenance Services	PCP Office Visits
Assistive Technology (State Plan and Supplemental to State Plan)	Home Visits by Medical Personnel	Peer-Delivered Services
Bone Mass Measurement	Immunizations	Peer Mentoring
Breast Cancer Screening (Mammograms)	Independent Living Skills and Training	Personal Care Services
Cardiac Rehabilitation Services	Inpatient Hospital Care (including Substance Abuse and Rehabilitation Services)	Personal Emergency Response Services
Cardiovascular Disease Risk Reduction Visit (therapy for heart disease)	Inpatient Mental Health Care	Personalized Recovery Oriented Services
Cardiovascular Disease Screening and Testing	Inpatient Mental Health over 190-day Lifetime Limit	Podiatry
Care Management (Service Coordination)	Intensive Psychiatric Rehabilitation Treatment Programs	Positive Behavioral Interventions and Support
Cervical and Vaginal Cancer Screening	Inpatient Services during a Non-covered Inpatient Stay	Preventive Services
Chemotherapy	Kidney Disease Services (including End Stage Renal Disease services)	Private Duty Nursing
Chiropractic	Mammograms	Prostate Cancer Screening
Colorectal Screening	Medicaid Pharmacy Benefits as Allowed by State Law	Prosthetics
Community Integration Counseling	Medical Nutrition Therapy	Pulmonary Rehabilitation Services
Community Transitional Services	Medicare Part B Prescription Drugs	Respiratory Care Services
Consumer Directed Personal Assistance Services	Medicare Part D Prescription Drug Benefit as Approved by CMS	Respite
Continuing Day Treatment	Medication Therapy Management	Routine Physical Exam (1/year)
Day Treatment	Mobile Mental Health Treatment	Sexually Transmitted Infections (STIs) Screening and Counseling
Defibrillator (implantable automatic)	Moving Assistance	Skilled Nursing Facility
Dental	Non-Emergency Transportation	Smoking and Tobacco Cessation
Depression Screening	Nursing Facility (Medicaid)	Social and Environmental Supports
Diabetes Monitoring (Self-Management Training)	Nutrition (includes Nutritional Counseling and Educational Services)	Social Day Care
Diabetes Screening	NYS Office of Mental Health Licensed Community Residences	Social Day Care Transportation
Diabetes Supplies	Obesity Screening and Therapy to keep weight down	Specialist Office Visits
Diabetic Therapeutic Shoes or Inserts	Opioid Treatment Services – Substance Abuse	Structured Day Program
Diagnostic Testing	Other Health Care Professional Services	Substance Abuse Program
Durable Medical Equipment	Other Supportive Services the Interdisciplinary Team Determines Necessary	Telehealth
Emergency Care	Outpatient Blood Services	Transportation
Environmental Modifications	Outpatient – Medically Supervised Withdrawal- Substance Abuse	Urgent Care
Family Planning Services	Outpatient Mental Health	Vision Care Services
Freestanding Birth Center Services	Outpatient Rehabilitation (OT, PT, Speech)	“Welcome to Medicare” Preventive Visit
Home and Community Support Services (HCSS)		Wellness Counseling
Health/Wellness Education		
Hearing Services		

FIDA coverage in New York State includes

...items and services currently covered by:

- Medicare
- Medicaid
- Long-term care
- Behavioral health
- Wellness programs
- Prescription drugs
- Home and Community Based Services waiver services

There are no FIDA specific costs* to participants, including no co-payments, no premiums, and no deductibles for any covered items or services.

**Medicaid spend-down requirements still apply.*



Transition of care

To ensure you have a smooth transition of care, your FIDA plan must:

- Make arrangements to help ensure that all community-based supports, including non-covered services, are in place prior to your move.
- Make sure participating providers are fully knowledgeable and prepared to support you.



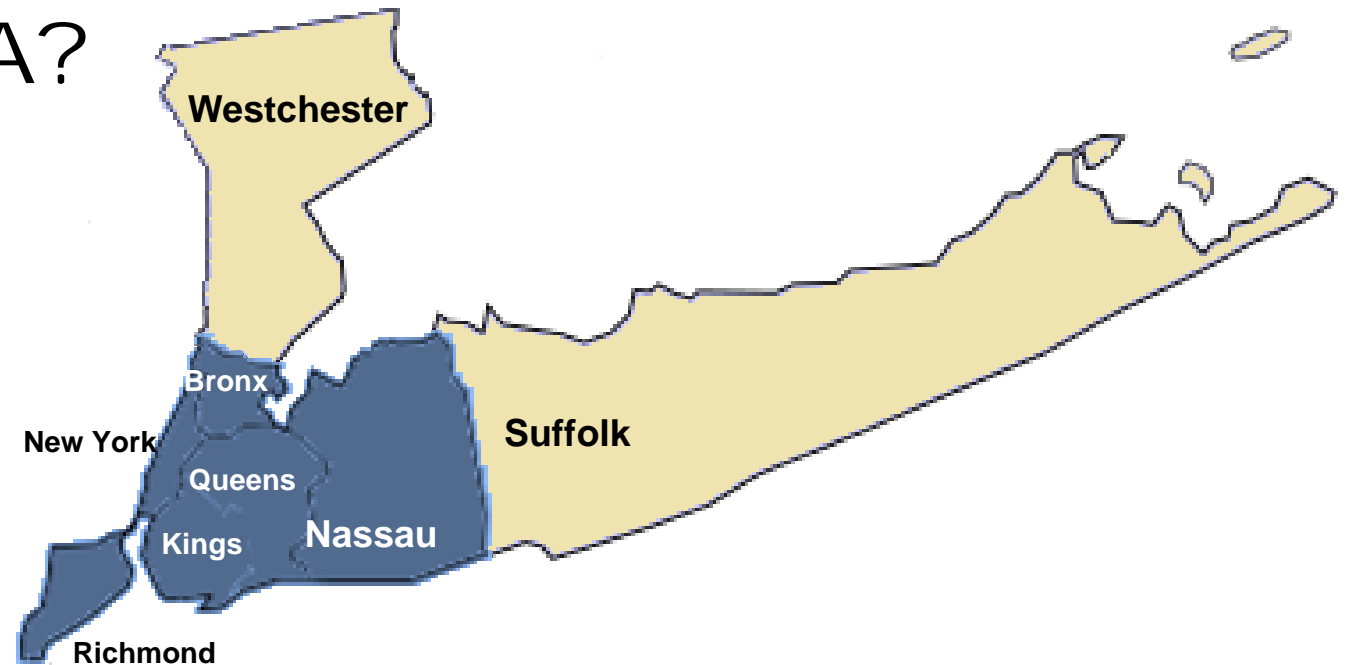
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Who's eligible for FIDA?

Participants must be:

- 21 or older;
- Entitled to benefits under Medicare Part A and enrolled under both Medicare Parts B and D and receiving full Medicaid benefits; and
- Be a resident of a demonstration county: **Bronx, Kings, New York, Queens, Richmond, and Nassau**; starting January 1, 2015.
- The program will expand into Westchester and Suffolk counties later this year.



And meet one of the following three criteria:

- Require community-based long-term services and supports (LTSS) for more than 120 days,
- Are eligible for the Nursing Home Transition and Diversion Waiver program, **or**
- Are nursing facility clinically eligible and receiving facility-based LTSS.



Enrollment timeline

- **January 1, 2015**, effective date for individuals to opt-in to the demonstration.
- **April 1, 2015**, first effective date for certain individuals who will be passively enrolled. Passive enrollment will be phased-in over time.

Nursing Home Transition

- Individuals residing in nursing homes prior to **February 1, 2015**, will not be passively enrolled into FIDA.
- Individuals new to custodial status in nursing homes as of **January 1, 2015**, will be passively enrolled into FIDA on or after **August 1, 2015**.





Independent Consumer Advocacy Network

This network will act as a resource and advocate for participants and families as they navigate the MLTC and FIDA program systems. It will also serve beneficiaries of LTSS in Mainstream Managed Care plans.

The contract for this statewide ombudsman program was awarded to a network of not-for-profit organizations, with Community Service Society of New York (CSS) serving as the entity responsible for coordinating services.

The CSS network will provide consumers with direct assistance in navigating their coverage and in understanding and exercising their rights and responsibilities.

CSS will be known as the Independent Consumer Advocacy Network (ICAN) and can be reached by calling 1 (844) 614-8800 or online at:

www.icannys.org.



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FIDA

Find out more:

Call NY Medicaid Choice: **1 (855) 600-3432**

For TTY service, call: **1 (888) 329-1541**

For an interpreter, call: **1 (855) 600-3432,**
and press **Option 1**

Visit the NY Medicaid Choice website:

<http://www.nymedicaidchoice.com>

Or visit the FIDA website:

http://www.health.ny.gov/health_care/medicaid/redesign/fida/

All phone services are **free**.



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NY Medicaid Choice staff will:

- Provide you with information and education about FIDA plans in your area.
- Let you know if your doctor works with a FIDA plan.
- Help you learn about navigating the managed care system.



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If you have questions related to FIDA, e-mail us: FIDA@health.ny.gov

New York State's Medicaid Reform Team (MRT) website:
http://www.health.ny.gov/health_care/medicaid/redesign/mrt_101.htm

Subscribe to our listserv:
http://www.health.ny.gov/health_care/medicaid/redesign/listserv.htm

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