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## Introducing FIDA

# New York State's Fully Integrated Duals Advantage (FIDA) Program

### What is FIDA?

FIDA is a new kind of health care plan created by New York State and the federal government, for people who have both Medicare and Medicaid. There are several managed care plans to choose from in the FIDA program.

### What can a FIDA plan do for me?

FIDA offers personal, complete, and coordinated health care coverage with no co-payments, deductibles, or premiums.

- Personal - you work with a team of your health care, home care, and other service providers to design your own specific plan of care. FIDA is health care that's centered on you.
- Complete - FIDA combines your Medicare and Medicaid benefits to offer the most services in one managed care plan in New York State.
- Coordinated - your care team works together to take care of all your arrangements, from setting up doctor and home care visits to transportation.
- You keep your current benefits because FIDA includes coverage from both Medicare and Medicaid, including Medicare Part D.
- All approved items, services, and prescription medicines are free.

FIDA's goal is to give you the services and supports you need so that you can remain healthy and independent.

### Who can enroll in a FIDA plan?

- Dual-eligible individuals (Medicaid and Medicare) may choose to enroll in FIDA.
- You have to be age 21 or older, live in New York City and Nassau County, and be entitled to benefits under Medicare Part A and enrolled under both Medicare Parts B and D and be receiving full Medicaid benefits. The program will expand to Westchester and Suffolk counties later this year.
- You also have to meet one of these three conditions: Live in the community but need long-term services and support for more than 120 days per year, be eligible for the Nursing Home Transition and Diversion Waiver program, or be eligible for nursing facility care and get long-term services and supports there.

### How can I find out more about FIDA?

- Contact NY Medicaid Choice at **1-800-600-3432**, or visit **www.nymedicaidchoice.com**. They can also help you find out if your doctor works with a FIDA plan.
- Visit the FIDA website at: **www.health.ny.gov/health\_care/medicaid/redesign/fida**
- FIDA's ombudsman can also help. Contact the Independent Consumer Advocacy Network (ICAN) at **1-844-614-8800** or visit **www.icannys.org**.